### **COURSE OUTLINE**

### 1. GENERAL

I. GENERAL				
SCHOOL	SCHOOL OF PHILOSOPHY			
ACADEMIC UNIT	Department of Philology			
LEVEL OF STUDIES	UNDERGRADUATE			
COURSE CODE	BYFF269	SEMESTER ALL		
COURSE TITLE	Byzantine Medicine and Dietetics			
<b>INDEPENDENT TEACHING ACTIVITIES</b> if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits			WEEKLY TEACHING HOURS	
Lectures		3	5	
Add rows if necessary. The organisation of teaching and the teaching methods used are described in detail at (d).				
COURSE TYPE	Special field	ł		
general background, special background, specialised general knowledge, skills development				
PREREQUISITE COURSES:	NONE			
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	GREEK			
IS THE COURSE OFFERED TO ERASMUS STUDENTS	YES (in Greek)			
COURSE WEBSITE (URL)	https://classweb.cc.uoc.gr/classes.asp			

### 2. LEARNING OUTCOMES

### Learning outcomes

The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.

Consult Appendix A

- Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area
- Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B

• Guidelines for writing Learning Outcomes

The main goal of the course is to introduce students to an overview of the History of the secular Byzantine Medicine, but also of the "celestial" medicine (hagiographical healing miracles) through selected texts. The course should provide students with the basic knowledge of byzantine science and with the means to open up their view to the secular and religious civilization of byzantine era.

# General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

Search for, analysis and synthesis of data and	Project planning and management			
information, with the use of the necessary technology	Respect for difference and multiculturalism			
Adapting to new situations	Respect for the natural environment			
Decision-making Working independently	Showing social, professional and ethical responsibility and sensitivity to gender issues			
Team work	Criticism and self-criticism			
Working in an international environment	Production of free, creative and inductive thinking			
Working in an interdisciplinary environment				
Production of new research ideas	Others			
<ul> <li>Practicing the creative and inductive thought.</li> <li>Independent working</li> </ul>				

### - Development of critical thought

### 3. SYLLABUS

A historic overview of the History of Medicine from Late Antiquity to post-byzantine era.

The Dietetic works (Περί Διαίτης).

The Hippocratic tradition in Byzantium through selected authors: Oribasius, Stephanus of Alexandria, Theophanes Nonnus, Michael Psellos, Franciscus Barocci.

The mixture of secular and religious medical tradition: the collections of hagiographical healing miracles.

Hygiene and personal sanitation: the bath culture in Byzantium.

# DELIVERY In class Face-to-face, Distance learning, etc. In class USE OF INFORMATION AND Class notes, announcements & communication via ClassWeb Use of ICT in teaching, laboratory education, Communication via email

### 4. TEACHING AND LEARNING METHODS-EVALUATION

communication with students		
TEACHING METHODS	Activity	Semester workload
The manner and methods of teaching are described in detail.	Lectures	39
Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art	Independent study and exam preparation	83
workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.	Final written examination	3
The student's study hours for each learning		
activity are given as well as the hours of non- directed study according to the principles of the ECTS.	Course total (25 working hours per credit)	125
STUDENT PERFORMANCE	Final written examination	
<b>EVALUATION</b> Description of the evaluation procedure		
Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other		
Specifically-defined evaluation criteria are given, and if and where they are accessible to students.		

## 5. SUGGESTED BIBLIOGRAPHY

Σ. Θεοδοσίου-Μ. Δανέζη, *Στα χρόνια του Βυζαντίου [Οι θετικοί επιστήμονες, ιατροί, χρονολόγοι και αστρονόμοι]*, Αθήνα 2010.

- P. Kurt, Η Ιατρική στην αρχαιότητα [Ελλάδα, Ρώμη, Βυζάντιο], Αθήνα 2007.
- A. Berger, Das Bad in der byzantinischen Zeit, Munich 1982.
- C. Bourbou, Health and Disease in Byzantine Crete (7th-12th Centuries AD), Farnham 2011.
- T. S. Miller, *The Birth of the Hospital in the Byzantine Empire*, 2nd ed., Baltimore 1997.
- J. Scarborough, ed., Symposium on Byzantine Medicine, *Dumbarton Oaks Papers* 38 (1985).

O. Temkin, Byzantine Medicine: Tradition and Empiricism, *Dumbarton Oaks Papers* 16 (1962) 97-115.